

Alignment of OAE Physical Education Assessment Framework with Ohio-specified Standards

This alignment study identifies the national and/or Ohio educational standards that are addressed in whole or in part by each competency of the assessment framework. An indication of alignment does not necessarily imply complete congruence of the content of an OAE test competency with the relevant standard. The information in this document is subject to change if revisions are made to the assessment framework. Any changes will fully supersede the information contained in this document.

Competencies		Ohio Educational Preparation Standards	Ohio Educator Standards	Ohio Student Standards
Physical Education (PK-12)		2008 National Initial Physical Education Teacher Education Standards (NASPE)	Ohio Standards for the Teaching Profession	Ohio Physical Education Academic Content Standards
<u>Growth and Motor Development</u>				
0001	Understand stages and characteristics of human growth and development.	1	2	1; 6
0002	Understand concepts and principles of anatomy and physiology as they relate to movement and physical fitness.	1	2	1-2; 4
0003	Understand principles, sequences, and characteristics of motor development and motor learning.	1	2	1-2
<u>Movement Activities</u>				
0004	Understand fundamental movement concepts and skills and principles of biomechanics.	1-2	2	1-2
0005	Understand principles, techniques, skills, activities, organizational strategies, and safety practices for sports and recreational activities.	1-2	2	1-3; 5

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0006	Understand principles, techniques, skills, activities, organizational strategies, and safety practices for rhythmic movement and dance; stunts, tumbling, and educational gymnastics; and cooperative, group, and adventure activities.	1-2	2	1-3; 5
<u>Lifelong Physical Fitness</u>				
0007	Understand principles and components of health-related physical fitness, including activities for promoting cardiorespiratory endurance, flexibility, muscular strength and endurance, and body composition.	1-2	2	3-4
0008	Understand principles, procedures, and resources for developing and maintaining physical activity/fitness and weight management plans.	1-2	2	3-4; 6
0009	Understand the relationship between physical activity and the development of responsible personal and social behaviors and traits.	1; 4; 6	2	5-6

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<u>The Physical Education Program</u>				
0010	Understand how children and adolescents learn and how to provide them with physical education opportunities that support their psychomotor, cognitive, social, and emotional development.	1--6	1-2; 5	
0011	Understand how to plan, implement, and evaluate physical education instructional activities, including how to adapt activities for diverse learning needs	3-6	1-5	
0012	Understand ethical, legal, professional, and safety guidelines and practices related to physical education.	4-6	1-2; 5-7	